Link2Care Distress Tolerance Scale Analysis Report

Created: 2021-04-28

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# Overview

The team met on 2021-04-28 and decided that “There should be 5 models, one with each DV. All 4 of the Distress Tolerance subscales should be entered at once (with covariates) predicting DVs.”

Table

Description automatically generated

# Results

**Table 1**. Descriptive statistics at baseline (n = 298).

I’m going to let you arrange and format Table 1 however you want to. The stats you need are below and you should just be able to copy and paste them into position.

Continuous variables

| Variable | Mean (SD) |
| --- | --- |
| Age (years) | 40.0 (11.0) |
| MMSE Total Score | 27.5 (1.9) |
| Current total time homeless (months) | 35.1 (66.0) |
| PHQ-8 score | 7.9 (6.2) |
| GAD-7 total score | 7.4 (5.8) |
| Aggression questionnaire total score | 29.2 (10.8) |
| Urban Life Stress Scale total score | 53.7 (17.4) |
| Distress Tolerance Scale total score | 3.1 (0.9) |
| Tolerance | 3.1 (1.1) |
| Appraisal | 3.3 (1.0) |
| Regulation | 2.8 (1.1) |
| Absorption | 3.2 (1.2) |

Categorical variables

| Variable | Category | n (%) |
| --- | --- | --- |
| Gender | Male | 256 (85.9) |
| Gender | Female | 38 (12.8) |
| Gender | Other | 4 (1.3) |
| Race/Ethnicity | White, non-Hispanic | 50 (16.8) |
| Race/Ethnicity | Black, non-Hispanic | 178 (59.7) |
| Race/Ethnicity | Hispanic, any race | 39 (13.1) |
| Race/Ethnicity | Other race, non-Hispanic | 31 (10.4) |
| Completed high school education | No | 74 (26.9) |
| Completed high school education | Yes | 201 (73.1) |
| Currently receiving treatment for mental health problems | No | 124 (41.6) |
| Currently receiving treatment for mental health problems | Yes | 174 (58.4) |
| PHQ-8 Score greater than 10 | No | 215 (72.1) |
| PHQ-8 Score greater than 10 | Yes | 83 (27.9) |

**Model 1**. Results of depressive symptoms regressed on the 4 DTS subscales simultaneously, adjusting for age, sex, race/ethnicity, education (<HS/HS+), and Length of current homelessness.

| Predictor | Unadjusted Coef | Unadjusted p | Adjusted Coef | Adjusted p |
| --- | --- | --- | --- | --- |
| DTS: Tolerance | -0.2280 | 0.2009 | -0.1129 | 0.5466 |
| DTS: Absorption | -0.3407 | 0.0663 | -0.3867 | 0.0453 |
| DTS: Appraisal | -0.3310 | 0.1295 | -0.3741 | 0.1027 |
| DTS: Regulation | 0.1900 | 0.1840 | 0.2459 | 0.1079 |

**Model 2**. Results of aggression regressed on the 4 DTS subscales simultaneously, adjusting for age, sex, race/ethnicity, education (<HS/HS+), and Length of current homelessness.

| Predictor | Unadjusted Coef | Unadjusted p | Adjusted Coef | Adjusted p |
| --- | --- | --- | --- | --- |
| DTS: Tolerance | -0.2125 | 0.7859 | -0.4296 | 0.5994 |
| DTS: Absorption | -2.4679 | 0.0026 | -2.4607 | 0.0037 |
| DTS: Appraisal | -0.9862 | 0.3035 | -1.0874 | 0.2768 |
| DTS: Regulation | 0.2915 | 0.6422 | 0.8804 | 0.1872 |

**Model 3**. Results of hostility regressed on the 4 DTS subscales simultaneously, adjusting for age, sex, race/ethnicity, education (<HS/HS+), and Length of current homelessness.

| Predictor | Unadjusted Coef | Unadjusted p | Adjusted Coef | Adjusted p |
| --- | --- | --- | --- | --- |
| DTS: Tolerance | -0.9836 | 0.1370 | -1.3264 | 0.0531 |
| DTS: Absorption | -1.5061 | 0.0288 | -1.3825 | 0.0499 |
| DTS: Appraisal | -2.1639 | 0.0078 | -2.2406 | 0.0077 |
| DTS: Regulation | 0.7369 | 0.1646 | 1.2637 | 0.0239 |

**Model 4**. Results of anxiety regressed on the 4 DTS subscales simultaneously, adjusting for age, sex, race/ethnicity, education (<HS/HS+), and Length of current homelessness.

| Predictor | Unadjusted Coef | Unadjusted p | Adjusted Coef | Adjusted p |
| --- | --- | --- | --- | --- |
| DTS: Tolerance | -0.0110 | 0.9782 | 0.1903 | 0.6507 |
| DTS: Absorption | -1.5257 | 0.0003 | -1.5641 | 0.0003 |
| DTS: Appraisal | -1.1470 | 0.0207 | -1.1975 | 0.0203 |
| DTS: Regulation | 0.3179 | 0.3260 | 0.4689 | 0.1717 |

**Model 5**. Results of urban life stress regressed on the 4 DTS subscales simultaneously, adjusting for age, sex, race/ethnicity, education (<HS/HS+), and Length of current homelessness.

| Predictor | Unadjusted Coef | Unadjusted p | Adjusted Coef | Adjusted p |
| --- | --- | --- | --- | --- |
| DTS: Tolerance | -0.6848 | 0.5366 | -0.3972 | 0.7299 |
| DTS: Absorption | -5.4112 | 0.0000 | -6.0220 | 0.0000 |
| DTS: Appraisal | -5.1887 | 0.0002 | -4.5753 | 0.0013 |
| DTS: Regulation | 3.0297 | 0.0007 | 3.0961 | 0.0011 |

**Explore outliers**







